

WEEKLY PAPER

# THE EARLYBARD

13 January, 2025



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BHSEC BRONX

**Wednesday:  
Winter Bake  
Sale**

**15**

**Wednesday:  
Art  
Exhibition**

**15**

**Wednesday (Lunch):  
Debate Daily  
Meeting Rm 205**

Happy Monday, our BHSEC Bronx readers! We hope this reaches you well and that everyone is ready for finals week from January 13th to January 17th. Please also note that Martin Luther King Day is next Monday, January 20th (no school), and the remaining days are Regents Day (January 21st-24th). Now is the time to lock in and study for finals to finish this semester strong! Students taking the Regents, please make sure you have the room numbers and know which regents are you taking on which day. Good luck to everyone taking the Regents! Let's see what this week has in store for us.

## What's Happening This Week?

This week is the second full week of school in January, we are nonetheless buzzing with new events and activities. Here are some things we should note:

- **Town Hall & Winter Bake Sale:** On January 15th (Wednesday), we'll have an Art Exhibition in the Auditorium from 2:44 pm-3:30 pm, featuring amazing student artwork. Alongside, the Winter Bake Sale hosted by the Student Council will offer tasty treats. Bring your family and friends to appreciate the art and enjoy a snack!
- **BHSEC Bronx Debate Team:** Interested in public speaking or earning awards in tournaments? Join our BHSEC Bronx Debate Team, known for their hard work and achievements. If interested, contact Kenzy Baioumy or Ms. Wynnter.
- **Cervical Awareness Month:** January is Cervical Cancer Awareness Month. BHSEC Bronx's collaboration with Montefiore offers access to vaccinations that help prevent cervical cancer. Join us downstairs for information and to promote health and awareness in our community.



## END "Skibidi"(please)

It's official, the word skibidi has taken over. What started off as some goofy brain rot trend has spiraled into chaos. At first, it was funny, people using it to make fun of Gen Alpha and slipping the phrase into everyday conversations. But now we've crossed dangerous territory. Why? Because teachers have discovered it. Dr. Harte, more commonly known as the "Master Chef" was seen calling a student not skibidi, and when asked why he said because they weren't aura farming (we're still processing that). Stay strong fellow students and do NOT let the word "huzz" be next.

## Tips for Finals Week

Finals Week is a stressful time for students, where they struggle to study and make time for themselves because of cramming for tests. You can face procrastination, overthinking, and regret, but there's always light at the end of the tunnel. Here are some tips to help you through this stressful time:

**Plan Ahead:** Know your exam schedule and break your study sessions into smaller chunks. Prioritize your weakest subjects to avoid cramming.

**Active Recall:** Implement what you learn by quizzing yourself or trying mock exams. The Pomodoro method can help you balance study and breaks, reducing burnout.

**Sleep:** Your brain can't function without proper rest. Review once or twice before sleeping to lock in information, then quiz yourself the next morning.

It's okay to get a bad grade when there's so much going on! Stay positive, do corrections if possible, and keep moving forward. Good luck, everyone!

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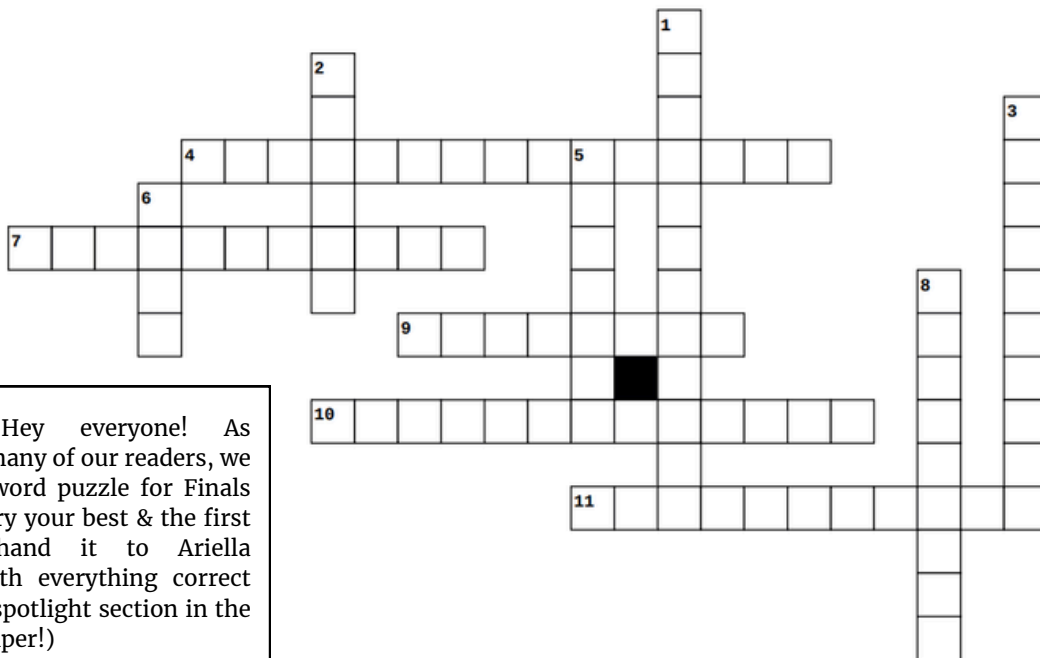


BHSEC BRONX

When u get caught baking something you saw on Pinterest at 3:am



Amazing Comic Strip drawn by Christian(Artist name: C.C.); Sophomore year. If you want your art presented, please contact us! Let us celebrate Christian's wonderful art!



**Crossword:** Hey everyone! As requested by many of our readers, we made a crossword puzzle for Finals Week (please try your best & the first person to hand it to Ariella Thompson with everything correct will receive a spotlight section in the next weekly paper!)

## Across

4. The digital portal of endless assignments... and overdue reminders.
7. What happens during a test when you forget everything you studied.
9. The fuel for last-minute cramming.
10. What we definitely won't do next semester (we promise).
11. The tool that makes you feel productive by coloring your notes.

## Down

1. The art of turning a multiple-choice question into an existential crisis. You know what we do with our brain when someone asks a question
2. The feeling when you remember you forgot to review for an important test.
3. When sleep is replaced with caffeine and flashcards.
5. What we're all striving for (or at least surviving finals with style)
6. Goes out only when you're submitting your essay at 11:59 PM.
8. Code for "scroll through Instagram reels for an hour."

## A Final Note

Hey BHSEC, we know finals week can be rough, but it'll be over before you know it! Remember it's okay to feel stressed, just take it one step at a time. Stay organized, study hard, lean on your friends, and don't forget to take care of yourself (yes, that includes getting your eight hours of sleep). You've worked so hard and we believe in you. Let's finish finals week strong! Have an amazing week, and as always—keep Bardin' on!

If you have any questions or want to get involved, email us at: [theearlybardbhsec@gmail.com](mailto:theearlybardbhsec@gmail.com)

The Early Bard Team