- WEEKLY PAPER

THE EARLYBARD

28 April, 2025

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BHSEC BRONX

Wednesday:
Newspaper
Workshop

30

This Wednesday: Chorus & Every Monday

01

Thursday: Mental Health Awareness

We are back with your latest updates and more buzz worth paying attention to! April is coming to a close this week, bringing us sunshine and blooming flowers. We have exciting events lined up, from a chilly challenge to the launch of our after-school chorus! Plus, with April almost over, May is bringing us even more events to celebrate. Let's jump into the nitty-gritty details happening around BHSEC Bronx!

What's Happening This Week?

BHSEC Bronx Chorus: During last month's town hall, our art partners, the Foundation for the Revival of Classical Culture, wowed students and faculty with a choral concert. We are now teaming up with Dr. Harte to launch an after-school chorus! Interested in joining? Rehearsals will be held on Wednesday from 3:30 to 4:30 in Room 219 this week, but starting May 5th, it will be on every Monday. Don't miss your chance to be a part of something harmonious!

Mental Awareness Month: May is Mental Health Awareness Month, and let us see how BHSEC Bronx students have been joining in! The University of South Carolina has started #SpeakYourMind Ice Bucket Challenge, and students nationwide are bringing this challenge back, but this time for mental health. The challenge is simple: when you're nominated, grab a bucket of ice water, record yourself, and nominate friends to keep the while raising money challenge rolling ActiveMinds, a nonprofit that supports mental health awareness. The challenge is more than a fun trend; it is meant to break stigma, build a community, and remind everyone about the importance of mental health. Make sure to keep an eye out on social media for some brave students taking on this challenge right here at BHSEC! Let's keep this support going for mental health all month long!

May 1st: Thursday, May 1st, marks the start of a month of celebration of many different communities and causes. It is also a month that calls on us to mark and honor the struggles of those who are deaf and have speech difficulties, as well as those who are dealing with mental health issues. Please join us in honoring the following:

- Asian Pacific Americans
- · Jewish American Heritage
- Haitian Heritage
- Speech & Hearing Awareness
- Mental Health Awareness

Things to remember

Setbacks don't equal failure

You are allowed to set boundaries

You are more than an illness

It's okay to rest

Not everything you think is true

www.miss-mental.com

Lollipops: An Underrated Snack?

Hear us out: Lollipops are in fashion this spring season. You can enjoy a lollipop while you are talking, reading, and studying without making a mess, and it's a silent snack. The Early Bard discourages you from eating a lollipop in two sittings, as dust and debris can gather on its surface. So, if you open your lollipop, please be sanitary and keep it in your mouth. Here are our top three lollipops:

#3 Tootsie Roll Pops: Tootsie Roll Pops are good, but we learned that they contain traces of ancient Tootsie Roll from old batches within them. So when you eat these candies, they have old chemicals in them.

#2 Dum Dums: Dum Dums are small but tasty. We recommend the butterscotch flavor. #1 Blow Pops: Blow Pops win for being the best lollipop. They are big, and they basically provide a snack for an entire afternoon because after you finish the lollipop, you get to chew the gum.

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BHSEC BRONX

WordSearch: Trendy Snack Brands

Crossword: Hey, everyone! As requested by many of our readers, we made a wordsearch to honor our sweet & savory snacks. Have fun with this crossword & finding some of your favorite snack brands! (Please try your best & the first person to hand it to Ariella Thompson with everything correct will receive a spotlight section in the next weekly paper!)

S	F	V	U	Q	J	Т	Α	K	I	S	D	M	D
G	Z	С	Н	E	E	T	0	S	Ε	V	T	G	M
K	Υ	L	D	S	В	R	S	T	Н	R	W	R	L
I	D	J	M	J	T	Н	L	Α	Y	S		Н	В
N	Н	E	R	S	Н	E	Υ	S	Z	D	Z	K	С
S	N	I	С	K	E	R	S	I	J	X	Z	0	0
V	U	Y	G	I	M	L	Υ	Н	U	U	L	М	М
L	Е	Т	Α	В	U	E	N	Y	Z	V	E	В	R
0	R	E	0	T	W	I	X	E	R	F	R	W	Ε
W	Н	F	R	I	T	0	S	W	Α	Е	S	В	Ε
С	Р	0	Р	С	0	R	N	E	R	S	T	F	S
S	С	Y	Y	S	R	С	L	S	В	S	F	М	Ε
В	Н	X	Н	T	U	D	R	E	0	M	M	M	Ε
X	Y	Q	L	S	F	E	0	Α	J	J	Y	С	M

REESE
TAKIS
OREO
TWIX
HERSHEYS
FRITOS
TWIZZLERS
POPCORNERS
SNICKERS
CHEETOS
LAYS

A Final Note

April is coming to a close, and we're excited for all the celebrations and new events May will bring! Whether you're doing the #SpeakYourMind Challenge, joining the new chorus, or just enjoying a lollipop this spring, there are so many things for everyone to be a part of. Let's finish this month strong and step into May with a lot of energy and excitement. If you have any questions or want to get involved, email us at theearlybardbhsec@gmail.com

The Early Bard Team